



Creekview HS Competition Cheerleading 2025-2026 Tryout Information

www.creekviewcompetitioncheer.com

Important Dates

Interest Meeting (Attended by Parent and/or Athlete): February 26th

Applications Due: March 14th

Tryout Dates: March 24th-27th

Creekview Comp Cheerleading Tryout Overview

Day	Material	Time	Location
Monday, 3/24	Choreo is released	4PM	CVHS comp website
Tuesday & Wednesday, 3/25 & 3/26	Tumble/Stunt Clinic	4PM-7PM	Creekview High Gym
Thursday, 3/27	Evaluations of choreography	4PM-finish	Creekview High Gym

If you have a schedule conflict or concerns, please email alyssa.handley@cherookeek12.net immediately

****ALL CLINICS AND EVALUATIONS ARE CLOSED TO ALL VISITORS! ****

Application Process (3 parts): Must be completed by March 14th

- Cheerleading Application Form (linked below)
- Physical on Rank One (linked below)
 - All athletes need updated physicals in Rank One as of Friday, 3/14/2025 to participate in tryouts.
 - Physicals keep an athlete remain 'current' for a calendar year.
 - Parents and athletes must complete and sign off on **all** portions of the online portal.
- Coach Recommendation (linked below)
 - Receive a coach recommendations by Friday, March 14th
 - Recommendation form is linked below. Forward this to a current/former coach to complete. The links will also be available on the website.

Cheerleader Application	Rank One	Coach Recommendation
		

Eligibility: Cheerleaders' eligibility for tryouts is determined by the following

- Grades from the Fall 2024 semester. Athletes must have passed 5 out of 6 classes. If there is any clarification needed, please contact Coach Alyssa.
 - If placed in the program, athletes must maintain passing 5 out of 6 classes from Spring 2025 to participate in the Fall of 2025.
- Rising middle schoolers are automatically eligible provided they live in district, attend Creekland MS and have passed all 8th grade requirements
- A mandatory tryout will be provided *only* for those who move into district post tryouts and 8th graders who enroll in Creekview from a homeschool/private school program.

Daily Tryout Breakdown

<u>Tryout Procedures for Tuesday & Wednesday</u>	
3:30pm-3:45pm	Report to Creekview Gym immediately following dismissal & change out
3:45pm-4:00pm	Sign in, receive your tryout number, help roll out mats, and begin stretching
4:00pm-4:10pm	Coaches will hold a brief meeting and review schedule with candidates
4:10pm-4:35pm	Mile Run, Flexibility/Strength Evals
4:35pm-5:00pm	Jumps, standing tumbling and running tumbling
5:00pm-6:35pm	Stunts: focusing on entries, dismounts and body positions for elite and secondary
6:35pm-6:55pm	Review material
6:55pm-7:00pm	Meeting, roll up mats and break

*There will be timed runs, weights/stunting, interviews and evaluations throughout the clinic

<u>Tryout Procedure for Thursday</u>	
3:30pm-3:45pm	Report to Creekview Gym immediately following dismissal and change out
3:45pm-4:00pm	Check in, receive your tryout number, help roll out mats, and begin stretching
4:00pm-4:05pm	Brief meeting with coaches to go over schedule
4:05pm – 4:45pm	Final stunt skills/review of material (if needed)
4:45pm-end	Evaluations in groups performing the following: Cheer, Dance, Jump Series, Standing and Running tumbling if needed
5 minute clean up	Brief meeting, posting information, roll up mats and break

Areas of Evaluation

All participants will perform each of the following skills based on team culture and GHSA rubric criteria:

Team Cheer Skills	Running and standing tumbling skills, stunt abilities, group cheer and group dance, 3 jump series
Ability to learn and retain material	Learns quickly, improves throughout clinic, follows directions and uses time wisely
Performance	Executes correct form and motion placement, showmanship, spirit and enthusiasm. ORC
Leadership & Attitude	Characteristics of a school ambassador, strong work ethic, demonstrates initiative and excitement, interview with coaches, understanding of team culture
Ability to work with peers/authority	Approaches others in a positive manner, respects others and accepts constructive criticism, Coach recommendations
Technique and Form	Uses proper motion technique and form, demonstrates rhythm and executes confidently
Endurance, Strength and Flexibility	Strength/flexibility based on stunt positions and a timed mile run

Please reference the GHSA Scoring rubric to see legal GHSA skills and beginning, intermediate and advanced level skills necessary for team scoring.

Tryout Miscellaneous Information:

All information is subject to change at the discretion of the head coach. If changes arise, communication will be posted on the website and cheer IG page

Participants wear	DO NOT WEAR THE FOLLOWING
- Solid/plain white, navy or green shorts and tank/t-shirt. (Creekview attire accepted) - cheer shoes - hair up with bow/ribbon	- any Jewelry: earrings, belly button rings, nose rings, clear plugs, etc. - Clothing that advertises previous/current teams - Nails that extend past fingertip

- Attendance is required for all days of tryouts
- Monday of Tryout week the tryout dance and cheer material will be posted on the Creekview Comp Cheer Website. Music to practice the dance will also be posted.
- End of clinics on Tuesday will be used to practice while the end of clinics on Wednesday will be rehearsals for evaluations the following day. We expect to see progression through the week.
- Tuesday and Wednesday cheerleaders will participate in a mile run. Please bring appropriate running shoes and cheer shoes these days.
- Coaches reserve the right to conduct interviews throughout the tryout process to see that athletes have a clear understanding of the team culture and expectations.


Tryout Results

Tryout results will be posted Friday, March 28th after 4PM on Creekview Competition Instagram and website
ALL Coaches' decisions will be FINAL!

Team/on mat/off mat positions may be withheld until closer to the season and are fluid.

***Your position in the Creekview Competition Program requires the following: ***

- Parent attendance for first parent meeting on April 9th in the Creekview High School Cafeteria.
- 1st Summer Pack payment of \$335 is due on April 11th
- Team fitting & Impact testing will be held April 8th at 4PM in 2405

GHSA Rubric	Creekview IG Page	Creekview Comp Website
		

Frequently Asked Questions:

- **Is there a tumble skill requirement for Varsity or JV?**

While there is no set skill requirement for either team, the most advanced skills will be considered a priority for varsity. The requirements for each team vary depending on the talent at tryouts every year and the skill level of the team. The team's standing tumbling skill executed for varsity during the 2024 season was a standing tuck and the running tumbling skill was a running tuck. However, this doesn't maximize our score on the rubric which requires more advanced skills. We also will take stunt positions into account since team tumbling skills allow for a full team -2 and still can receive max points but everyone must participate in stunt skills to receive maximum points. Please refer to the GHSA rubric for further clarification.

- **How many teams will be formed this year?**

We plan to construct 2 teams this year – a Varsity and JV

- **When does the season begin/end?**

The GHSA cheerleading season begins once school is out and continues to the middle of November (for Varsity). However, there are meetings, fundraisers, team activities and workouts that begin in the spring.

- **What is the policy with schedule conflicts as it pertains to all-stars or other commitments?**

We expect athletes to prioritize the Creekview Competition Cheerleading program. The program plans to remain diligent on working with other programs so that cheerleaders can maximize their participation. We will assist in working with sideline and gameday teams at Creekview and other organizations within the school. We also plan to work with all-star team's schedules. School cheerleading has a shorter timeline/season, so we expect cheerleaders to focus on school cheer when we are in season –August through November. Through the summer, we will work on a case-by-case basis and focus on the importance of each event. Practices will be compromises and splitting missed time between teams. Choreography and stunt camps are prioritized for all teams. Creekview stunt camp and choreography is mandatory for all athletes.

- **How many athletes will be placed on each team?**

Each year the talent level varies which will dictate the team placements. Per GHSA, only 16 cheerleaders can take the mat for a JV and Varsity team. We intend to fill all 32 positions and additionally have 4 "off-mat" positions. The designation of the team/roles for all potential 36 athletes will be dependent on tryouts and team composition/needs. We expect athletes to try out for the Creekview Comp Program. Athlete placement is determined by what is best for the program and athlete and is constantly fluid and ever changing throughout the season. Skills, athlete health, eligibility and other factors play a role in determining change in placements.

Program Information

Team placement will be discussed in individual meetings with coaches. Coaches will be meeting with each individual athlete after school starting the week we return from spring break. These will be referred to as Goal Meetings.

Uniform/Practice Wear Fitting AND Impact Testing

- **Tuesday, April 8th – 4:00 PM** in room 2405
- Mandatory athlete attendance

Initial Middle & High School Parent Meeting:

- **Middle & High School Parent Meeting – April 9th at 7PM in CVHS Cafeteria.** Parent attendance mandatory. Athlete attendance is not. We will give out pricing breakdowns, schedules, fundraising information, and review athlete and parent constitutions.

Team Rubric Meeting

- **Thursday, April 10th – 3:30 PM** at CVHS
- Athletes will review/sign the cheerleader/parent constitutions and review the GHSA rubric

Goal Meetings

- The purpose of this meeting is to directly communicate placement with the athlete, to answer any questions the athlete has and to address any additional comments from the coaches/athlete.
- All meetings will last approx. 15 minutes. The last meeting will tentatively end around 6:30 PM.
- There will be alternate positions on JV and/or Varsity competition. The alternates may or may not be assigned at the time of competition results.

Finances

- 1st Summer Pack payment of \$335 is due April 11th
- Competition teams – Maximum Mandatory payments of \$850
 - This does not include mandatory fundraising requirements or summer packs which are as attended.
- All cost breakdowns and payment schedules will be provided and explained at the first parent meeting
- We will offer fundraising opportunities in the spring and summer for athletes looking to be able to fundraise the entire cost of the program expenses.

Spring workouts

- Begin the week of 4/15 - last week of school (5/20-5/24)
- Workouts will be one/two times a week (exact dates are TBD)
 - One workout will be on campus and one workout will be off campus
 - This will vary based on athlete's current schedule/activity level/stunt position

Competition **Tentative** Summer On/Off Week Schedule

- May 25th – May 31st – OFF (GHSA DEAD WEEK)
- June 1st – June 7th – ON (Varsity and JV have a mandatory stunt camp & team culture workshops)
- June 8th – June 15th – ON (Varsity is expecting to have choreography all week & team culture workshops)
- June 16th – June 28th - ON (all programs practicing)
- June 29th – July 5th – OFF (GHSA DEAD WEEK)
- July 6th – July 12th – ON (Varsity will be working a fundraiser camp this week)

- July 13th – July 28th – ON (all programs practicing)

Important Events – SAVE THE DATES!

All events are tentative but very likely to occur based on the description below. Providing dates this early is an effort to help families plan if your athlete becomes a member of our program.

- Initial Meetings
 - April 8th at 3:30pm Team Fitting/Impact Testing in 2405
 - April 9th at 7pm at Parent Meeting CVHS Cafeteria
 - April 10th at 3:30pm Team Meeting
- Team Dinner (JV & Varsity)
 - May 18th TBA
- Text a thon (JV & Varsity)
 - Wednesday, May 14th at 4PM
- Stunt Camp (JV & Varsity)
 - Monday, 6/2 – Tuesday, 6/3
- Team Culture Workshops
 - JV- June 10th & 11th
 - Varsity June 5th, 6th, 7th
- Team Choreography
 - JV – June 5th & 6th
 - Varsity – June 10th & 11th
- Little Grizzly Camp (JV & Varsity)
 - Week of July 7th – July 10th @ CVHS
- Mr. Creekview (JV & Varsity)
 - Saturday, August 16th @ CVHS
 - **Athletes and parents are expected to volunteer.**
- La Catrina Spirit Night (JV & Varsity)
 - Weeknight in September (exact date TBD)
- Creekview Classic (JV & Varsity)
 - Saturday, October 11th @ CVHS
 - **All athletes and parents are expected to volunteer.**
- Family and Friends Showcase (JV & Varsity)
 - August 30th at Creekview HS Gym
- Competitions (JV and Varsity)
 - Reserve all Saturdays in September & October.
 - Locations announced in August
 - Reserve the Saturday BEFORE fall break for a competition
- Region and State (Varsity)
 - Region will be Saturday, November 8th (Location TBD)
 - State will be the weekend of November 14th – 15th (Macon, GA)